



# St Matthews' Primary School PE Planning Overview



## EYFS / Key Stage 1 Yearly PE Planning

All planning links to the 'The Power of PE' Schemes of Learning. Find this on staff resources → Curriculum Areas → PE → 'The Power of PE'

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>Reception</b>	Dance – link to agility  Throwing and catching	Karate  Team games – Dodgeball consolidate throwing and catch techniques	Gymnastics – link to balances and agility  Multiskills	Karate  Striking and fielding	Co-ordination link to field games  Running and Stopping – link to a variety of activities such as: tag, football, netball, dodgeball, Athletics etc	Karate  Athletics
<b>Year R/1</b>	Karate  Football	Gymnastics – link to balances and agility  HRE (Health Related Exercise)	Karate  Orienteering	Dance - link to agility  Multiskills	Karate  Striking and Fielding games	Co-ordination link to field games e.g. striking and fielding  Athletics
<b>Year 1/2</b>	Dance - link to agility  Netball link to throwing and catching	Karate  Team games - Dodgeball	Gymnastics – link to balances and agility  Multiskills	Karate  Throwing and Catching	Co-ordination link to field games e.g. striking and fielding  Striking and Fielding games	Karate  Athletics
<b>Year 2</b>	Gymnastics – link to balances and agility  Football	Karate  HRE (Health Related Exercise)	Dance - link to agility  Orienteering	Karate  Multiskills	Invictus  Throwing, catching, striking and Fielding	Karate  Athletics

Indoor

Outdoor



## St Matthews' Primary School PE Planning Overview



### Key Stage 2 Yearly PE Planning

All planning links to the 'The Power of PE' Schemes of Learning. Find this on Staff Resources → Curriculum Areas → PE → 'The Power of PE'

	<b>Autumn 1</b>	<b>Autumn 2</b>	<b>Spring 1</b>	<b>Spring 2</b>	<b>Summer 1</b>	<b>Summer 2</b>
<b>Year 3</b>	Karate  Hockey	Dance  Multiskills	Karate  Parkour/TAG Rugby	Invictus  Basketball	Swimming  Tennis	Karate  Athletics
<b>Year 3/4</b>	Dance  Hockey	Karate  Multiskills	Invictus  Parkour/ TAG Rugby	Karate  Basketball	Karate  Tennis	Swimming  Athletics
<b>Year 4/5</b>	Karate  Football	Health Related Exercise (HRE)  Netball	Karate  Orienteering	Handball  Cricket	Karate  Rounders	Swimming  Athletics
<b>Year 5/6</b>	Karate  Hockey	Dance  TAG Rugby	Karate  Parkour	Invictus  Basketball	Karate  Tennis	Swimming  Athletics
<b>Year 6</b>	Karate  Football	Health Related Exercise (HRE)  Netball	Karate  Orienteering	Handball  Cricket	Karate  Rounders	Swimming  Athletics

Indoor

Outdoor