



Matthew's C.E (Aided) Primary School and Nursery Centre



'I can do all things because Christ gives me strength' Philippians 4:13

Friday Feature: 18th October 2024

This half-term we are focusing on the Christian Value of Thankfulness



'Always be thankful' 1 Thessalonians 5.16

Dear Parents/Carers

Parents Evenings

Parents evenings are being held on Tuesday 22nd October (3.30pm to 6.20pm) and Wednesday 23rd October (3.30pm to 5.20pm). We are using the Parentmail App for parents to book appointments. On the main screen there is a heading called Parents Evening where you will be able to book. Please ensure your mobile phone is not used whilst on site.

Harvest Festival

Our Harvest Festival will be held on Tuesday 22nd October at School—Reception and KS1 at 9.15am and KS2 at 2.30pm. You are very welcome to come along and share in the festival. Any donations of non perishable items (tins, packets etc.) can be donated from Monday 21st October. Any fresh produce, can be brought in on the morning of the 22nd.

Brilliant Brushers




Nursery and Reception are going to be taking part in Brilliant Brushers. They are going to start brushing their teeth daily at school after half term. It's not too late for children to sign up that haven't - please see Miss Booles.



KS2 Sportability

"On Thursday some of us attended a KS2 Sportability event at Telford College. Our first event was bean bag throwing. We went against another team and after 10 minutes we had to go to the second event which was "hot potato" for 5 minutes. After a drink then we had to go to the third event which was javelin. Brandon got the longest throw. For the fourth event we did a jumping contest. We had to jump over the pillow then we got timed. Lola got 30 jumps, Brandon got 39 jumps, Oscar got 23 jumps, Safire got 10 jumps. Then for the fifth event we had to jump over soft spikes and bounce off the wall. We took turns. For the sixth and final event it was long jump. Brandon jumped 150 cm, Lola jumped 120cm. We did that for 15 minutes and for the final we did our race for 20 minutes. We came third and fourth overall". By Brandon and Lola



<h3>Weekly prayer</h3> <p>Father God,</p> <p>Thank you for the food we eat.</p> <p>Thank you for the water we drink.</p> <p>Thank you for the land we walk on.</p> <p>Thank you to the farmers that plant our fruit and vegetables.</p> <p>Thank you for keeping the farmers safe when harvesting.</p> <p>By 2 St Joseph</p> 	<h3>Pupils of the Week</h3> <table border="0"> <tr><td>Nursery</td><td>Nevaeh</td></tr> <tr><td>Reception :St Francis</td><td>Jaxon</td></tr> <tr><td>R/1: St Teresa</td><td>Jaxson</td></tr> <tr><td>1/2: St Nicholas</td><td>Miller</td></tr> <tr><td>2: St Joseph</td><td>Freya</td></tr> <tr><td>3: St Cecilia</td><td>Chloe</td></tr> <tr><td>3/4: St Sophia</td><td>Amiah</td></tr> <tr><td>4/5: St Kateri</td><td>Deakin</td></tr> <tr><td>5/6: St Thomas</td><td>SJ</td></tr> <tr><td>6: St Padre</td><td>Kenan</td></tr> </table> 	Nursery	Nevaeh	Reception :St Francis	Jaxon	R/1: St Teresa	Jaxson	1/2: St Nicholas	Miller	2: St Joseph	Freya	3: St Cecilia	Chloe	3/4: St Sophia	Amiah	4/5: St Kateri	Deakin	5/6: St Thomas	SJ	6: St Padre	Kenan	<h3>Readers of the Week</h3>  <table border="0"> <tr><td>Reception :St Francis</td><td>Nevra</td></tr> <tr><td>R/1: St Teresa</td><td>River</td></tr> <tr><td>1/2: St Nicholas</td><td>Essa</td></tr> <tr><td>2: St Joseph</td><td>Rosalee</td></tr> <tr><td>3: St Cecilia</td><td>Serenity</td></tr> <tr><td>3/4: St Sophia</td><td>Gerrard</td></tr> <tr><td>4/5: St Kateri</td><td>Ruby</td></tr> <tr><td>5/6: St Thomas</td><td>Sam A</td></tr> <tr><td>6 St Padre</td><td>Koto</td></tr> </table>	Reception :St Francis	Nevra	R/1: St Teresa	River	1/2: St Nicholas	Essa	2: St Joseph	Rosalee	3: St Cecilia	Serenity	3/4: St Sophia	Gerrard	4/5: St Kateri	Ruby	5/6: St Thomas	Sam A	6 St Padre	Koto
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P.E. Days

Monday	Tuesday	Wednesday	Thursday	Friday
Miss Edwards R/1 Miss Blocksidge 2 Mr Doughty 3/4 Mr Skelton 4/5	Miss Williams R Miss Plant 1/2 Miss Blocksidge 2	Miss Edwards R/1 Mrs Wyre 3 Mrs Barfield 5/6	Miss Boole N Miss Williams R Mr Skelton 4/5 Mrs Barfield 5/6 Mr Bailey—6	Miss Plant 1/2 Mrs Wyre 3 Mr Doughty 3/4

Future Dates

22nd Oct	Harvest Festival Reception/KS1—9..15am KS2—2.30pm
22nd Oct	Parents Evening—3.30pm to 6.30pm
23rd Oct	Parents Evening—3.30pm to 5.30pm
24th Oct	Last day of school and Mufti for Breast Cancer— £1 donation please
4th Nov	Children back in school
20th Dec	Last day of school

Attendance

The Department for Education are placing a strong emphasis on attendance at the moment. We would ask that you telephone school every day that your child will be off by 9am—unless, for example, they have been sick and you have already advised us that they will be off for 48 hours.

Applying for Reception places and Year 7 Places for September 2025

Applications for Reception places and Year 7 places to start in September 2025 are now being taken by Telford and Wrekin Council. [School admissions - Telford & Wrekin Council](#)

Children born between 1 September 2020 and 31 August 2021 will start primary school from September 2025. Parents need to apply for a reception place by **15 January 2025**.

Children born between 1 September 2013 and 31 August 2014 will start secondary school from September 2025.

Parents need to apply for a Year 7 place by **31 October 2024**. Children with an Education, Health and Care Plan (EHCP) must also apply by 31 October 2024.

Well Done

Well done to Macie-Rae and Liberty who attended a gymnastics competition last weekend.

It was Macie-Rae's first four piece competition and she came 1st on floor, 2nd on vault, 1st on beam, 2nd on bars and 1st place overall.

Liberty came 1st on floor, 2nd on bars and overall 2nd place.

Brilliant girls!



Well done to Rosalee for catching her first 11lb mirror carp with the Kingfisher Club.

Also a Well done to Serenity who achieved her stage 3 learn to swim.

Good work girls.



On the last day of half term, Thursday 24th October, we are asking children to wear pink for a £1 to raise money and help fund life-changing breast cancer research and support.



Global Neighbours

As a school each half term we will be spending an afternoon celebrating different cultures from around the world. This half term we are celebrating the African Caribbean culture and we will be having a special lunch on Wednesday to reflect this.

Parent Code of Conduct

We are currently writing a Parent Code of Conduct as there have sadly been a few instances of verbal abuse against staff. Can we please ask that you speak to all staff respectfully. We will provide you with a copy of the policy when it is completed. If you have any concerns or issues please make an appointment at the school office to speak to your child's class teacher.

Lunchbox contents

Peanut butter and other products containing nuts are being noticed in school lunch boxes.

We do have a few children with severe allergies and they do have epi-pens. It is therefore essential that nut products are not provided. Thank you for your support.

LITTLE REMINDERS OF HOW TO

BE KIND ONLINE

ONLINE ABUSE CAN HAVE A SEVERE IMPACT ON PEOPLE'S LIVES AND IS OFTEN TARGETED AT THE MOST VULNERABLE. CYBERBULLYING HAS BEEN SHOWN TO HAVE PSYCHOLOGICAL AND EMOTIONAL IMPACT. IN ORDER FOR US TO DEVELOP EMPATHY FOR OTHERS WE SOMETIMES NEED TO MOVE AWAY FROM FULFILLING OUR OWN NEEDS AND THINK ABOUT THE NEEDS OF OTHERS. THIS IS SOMETIMES MORE CHALLENGING ONLINE BECAUSE WE CANNOT SEE THE PERSON, CONNECT WITH HOW THEY FEEL NOR INTERACT FACE TO FACE.

THIS GUIDE WILL HELP YOU TO BE MORE CAREFUL ONLINE AND IS SUITABLE FOR ANY ENVIRONMENT I.E. GAMING, MESSAGING AND SOCIAL MEDIA. IT WILL HELP YOU TO UNDERSTAND THE IMPORTANCE OF SHOWING KINDNESS AND HOW TO DEVELOP EMPATHY ONLINE.

TOP TIPS FOR EVERYBODY

#WAKEUPWEDNESDAY

UNDERSTAND WHAT 'EMPATHY' IS

EMPATHY IS THE SKILL OF RECOGNISING, UNDERSTANDING AND CARING ABOUT ANOTHER PERSON'S FEELINGS AND TAKING ACTION TO HELP. THIS IS TRICKIER ONLINE BECAUSE RECOGNISING AND IMAGINING HOW ANOTHER PERSON FEELS IS HARD WHEN WE ARE NOT WITH THEM FACE TO FACE. WHEN WE TRY AND UNDERSTAND HOW SOMEONE FEELS THROUGH WORDS ALONE, IT CAN LEAD TO CONFUSION OR A MISUNDERSTANDING.



FEEL, SEE AND UNDERSTAND

IF WE IMAGINE OURSELVES IN THE SITUATION OF ANOTHER PERSON, WE TAKE ANOTHER STEP DOWN THE PATH OF EMPATHY. IT DOESN'T MEAN AGREEING WITH THE OTHER PERSON, BUT IT MEANS **UNDERSTANDING** HOW THEY FEEL. IF YOU FEEL YOURSELF BECOMING DETACHED AND UNCARING PERHAPS DEVELOP A MENTAL PICTURE OF THEM, SO YOU CAN IMAGINE THEM AS REAL PERSON AND NOT JUST A BUNCH OF WORDS. IF YOU KNOW THE PERSON, CONSIDER A VIDEO CHAT OR VIDEO CALL.

DEVELOP SELF EMPATHY

ALTHOUGH WE TEND TO SHOW THE BEST OF OUR LIVES THROUGH SOCIAL MEDIA, THE REALITY IS WE ARE NOT ALL PERFECT. HAVING **EMPATHY** FOR OTHERS MEANS WE NEED TO ALSO HAVE SELF EMPATHY. IF WE UNDERSTAND THAT WE ARE NOT ALL PERFECT, INCLUDING OURSELVES, WE CAN FIND KINDNESS.

★ OFFER HELP ★

ACCORDING TO DR DAN SEIGEL, A CLINICAL PROFESSOR OF PSYCHIATRY, BEING KIND IS REALLY ABOUT RESPECTING EACH OTHER'S VULNERABILITY AND WANTING TO HELP. SO, WHEN SOMEONE IS SHARING THAT THEY ARE STRUGGLING OR FINDING LIFE HARD, OFFER HELP, EVEN IF THE HELP IS A **LISTENING** EAR OR SAYING, 'I CAN UNDERSTAND YOU WOULD FEEL THAT WAY, I'M HERE FOR YOU'.

TRY TO ADD VALUE

CONSIDER, BEFORE YOU COMMENT ON A POST OR IMAGE, HOW CAN I HELP THIS PERSON TO LOWER THEIR SADNESS? HOW CAN I ADD SOMETHING TO **IMPROVE** THEIR DISTRESS AND HAPPINESS? SHOWING OTHER PEOPLE'S PAIN AS ENTERTAINMENT AS A WAY TO GET NOTICED OR MORE LIKES DOES NOT ADD VALUE.



BE RESPONSIBLE

THINK TWICE BEFORE YOU ACT. CONSIDER, ARE YOU ACTING ON ANGER, FRUSTRATION OR IN A MOMENT OF JUGGING A SITUATION WITHOUT KNOWING THE **TRUTH?** ONLINE, IT IS EASY NOT TO HAVE ALL THE FACTS AND REACT TO A SITUATION WHICH IS BEING PORTRAYED.



UNDERSTAND THE **ACTIONS** **WORDS** IMPACT OF YOUR

COMMENTING ONLINE SOMETIMES MEANS THAT WE DON'T ACTUALLY 'SEE' THE IMPACT OF OUR COMMENTS AND WORDS. THIS MEANS IT CAN BE **EASIER** TO DETACH FROM THE CONSEQUENCES OF OUR ACTIONS. UNKIND COMMENTS DO HAVE CONSEQUENCES AND CAN ADD TO SOMEONE'S DISTRESS AND FEELING ABOUT THEMSELVES.

DISASSOCIATE FROM PACK MENTALITY

ONLINE, IT IS EASY TO GET CAUGHT UP WITH POSTING **NEGATIVE** COMMENTS BECAUSE EVERYONE ELSE SEEMS TO BE. GET COMFORTABLE WITH STANDING OUT, AND NOT GETTING CAUGHT UP POSTING NEGATIVELY BECAUSE EVERYONE ELSE IS. EVEN IF THIS MEANS STANDING ALONE AND REMINDING OTHER PEOPLE THAT THEIR BEHAVIOUR IS UNKIND, YOUR COURAGE COULD SAVE A LIFE.

"#BEKIND"



National Online Safety

#WAKEUPWEDNESDAY

MEET OUR EXPERT

THIS GUIDE HAS BEEN WRITTEN BY ANNA BATEMAN. ANNA IS PASSIONATE ABOUT PLACING PREVENTION AT THE HEART OF EVERY SCHOOL, INTEGRATING MENTAL WELLBEING WITHIN THE CURRICULUM, SCHOOL CULTURE AND SYSTEMS. SHE IS ALSO A MEMBER OF THE ADVISORY GROUP FOR THE DEPARTMENT FOR EDUCATION, ADVISING THEM ON THEIR MENTAL HEALTH GREEN PAPER.



For further info, check out these online resources too

<https://www.themix.org.uk/>

<https://youngminds.org.uk/>

<https://www.mind.org.uk/>

www.nationalonlinesafety.com Twitter - @natonlinesafety Facebook - /NationalOnlineSafety Instagram - @nationalonlinesafety

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