



# Prayer Booklet



## **Prayers for children and families**

Here are a selection of prayers children may want to share, read or reflect on throughout the day:

- The Lord's Prayer
- An everyday prayer
- Prayer for mealtimes
- Prayer for protection
- Prayer for thanksgiving
  - A prayer for school
- A prayer for God's Guidance

# The Lord's Prayer

## **Contemporary**

Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Lead us not into temptation  
but deliver us from evil.  
For the kingdom, the power,  
and the glory are yours  
now and forever.  
Amen.

## **Traditional**

Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come;  
thy will be done;  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation;  
but deliver us from evil.  
For thine is the kingdom,  
the power and the glory,  
for ever and ever.  
Amen.

## **An Everyday Prayer**

He wakes me up; He makes me sleep.  
Provides for me the food I eat.  
When I cry, I call on him,  
Because I know with him I win.  
Even through the hardest day,  
I trust in him in every way.  
He's the One who sees me through,  
Jesus lives, I know it's true.  
With loving kindness, he smiles on me.  
Because he died, I am free.  
Lord, for all, I thank you so,  
I know you'll never let me go!

Amen

## **Prayer for meal times**

Round this table, here to pray  
First we thank you for the day  
For our family and our friends  
Gifts of grace that heaven lends  
Living water, daily bread  
Countless blessings our God sends  
Thank you, Jesus, for them all  
For the great ones and the small  
When we're happy, when we're sad  
On the good days and the bad  
We are grateful, we are glad

Amen.

## **Prayer for Protection**

Angel of God, my Guardian dear,  
To whom God's love commits me here;  
Ever this day, be at my side  
To light and guard  
To rule and guide.

Amen.

## **Prayer of Thanksgiving**

Father in heaven,

Thank you for family - watch over my loved ones  
Thank you for play - help me to be happy and free  
Thank you for my school - teach me to listen and learn  
Thank you for food and rest - you give us lovely food and peaceful sleep

Thank you for all these wonderful things,

Amen.

## **A Prayer for School**

Dear God

Thank you for our school. We pray it would be a safe place of learning, fun and friendship. Please watch over all our teachers, children and families.

Help us to learn new things, to explore the world together and to play and be happy.

Help us to have love for each other, to have forgiveness at our heart, and to build kindness into every day.

Amen.

## **A Prayer for God's Guidance**

Hold my hand God, Lead the way,  
Help me to be good every day.  
Let me know what's wrong and right,  
Keep me safe day and night,  
Let me know what you have planned,  
Lead the way God,  
Hold my hand.

Amen.