



Worries Boxes

June 2021

Create a Worries Monster Box

- We are reintroducing worries boxes into all classrooms.
- As we already email the worries monster we would like our worries boxes to also be linked to the worries monster.
- We would like every class to use the blank tissue boxes and create their own worries monster.
- We have put together some ideas to help you.

Monster Ideas



What is the Worries Box?

- Every class in school from Year 1 up to Year 6 will have a worries box in it.
- The worries box is a box where you share your worries.
- It's a safe place to share your worries.
- The worries are collected in the worries box and then the teachers send them to Mrs Wilson and the Worries Monster team.
- When the worries monsters and Mrs Wilson have looked through all of the worries they try to help.
- Sometimes solving the worries needs the help of the safeguarding board and together we come up with ways to help make your worries less of a worry and make you feel better.