

# SEND Newsletter Spring 2019



*The SEND newsletter is a way for the SEND team to liaise with parents sharing with you new initiatives, changes to legislation and our achievements and successes. The newsletter will be produced termly and will keep you up to date with everything that is happening in relation to SEND at St Matthew's.*

## Children's Mental Health Week 04.02.19 - 08.02.19



Children's Mental Health Week 2019 focuses on the idea of being **Healthy: Inside and Out**. When we think about healthy living, we tend to focus on looking after our bodies – our physical wellbeing – through food, being active and getting enough sleep. However, in order to be healthy overall, it's important that we look after our mental well-being too. Telford and Wrekin are working closely with a number of organisations to provide services that support and promote positive mental wellbeing in children.



### **BEAM**

BEAM, run by The Children's Society, is an emotional health and well-being service for children and young people across Telford and Wrekin and Shropshire. The service is available to anyone under the age of 25 and provides the opportunity to discuss, share and talk through problems in a non-judgemental environment.

Drop in sessions are available on:

**Mondays and Tuesdays** (12pm – 7pm) and **Saturdays** (11am – 4pm):  
9 Market Square  
Wellington  
Telford  
TF1 1BP

Pick up a BEAM leaflet from reception or visit the website <https://www.childrensociety.org.uk/beam/shropshire>



### **Bee U**

Bee U is another service that consists of 4 organisations (The Children's Society, Kooth, Healios and Midlands Partnership NHS Foundation Trust) who deliver emotional health and wellbeing services across Shropshire and Telford & Wrekin. New drop-in and online services are available as well as Young People and Families Mental Health Service (previously CAMHS) to help you with;

- getting advice
- getting help
- getting more help
- getting risk support

Visit the website to see the full range of services and support available.

<https://beeu.org.uk/>

## Website Changes

Over the next few months the SEND team will be working to make the SEND area of the school's website more accessible to parents. The SEND area will be broken down into areas that will include:

SEND Curriculum

Pupil Voice

Intervention and Resources

Parent Voice

Learning Mentors

SEND Newsletters

Areas of SEND

Policies and Documents

Each tab will contain information related to these areas of SEND and will be set out in a way that is user friendly and more accessible for all.

There will also be direct links to documents including the school offer, the local SEND offer, the SEND report and the SEND policy. Links to useful websites will also be more clearly identified.



St Matthew's School Offer



SEND School Improvement Priorities 2018—2019



Telford and Wrekin Local Authority

## School Contacts

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## Dates for your diary

Spring Half Term Monday 18th February - Friday 22nd February

Spring Term 2 Tuesday 26th February - Friday 12th April

Easter Holiday Monday 15th April - Friday 26th April

Individual Target Plan reviews Week beginning 25th March

Individual Target Plan Summer Term Week beginning 29th April

## Online Safety

This week is internet safety week in schools. The children have been learning about ways in which they can keep themselves safe online.

Telford and Wrekin have made school staff across the authority aware of potential safeguarding concerns with the games Roblox and Fortnite (Age 12 rated game). Both online games provide chat room options and therefore allow people to contact one another, this can potentially put children at risk if not monitored closely.

We would encourage families with concerns to speak to their child about these issues and to report any known potentially harmful activities. You can report concerns through [CEOP.police.uk](http://CEOP.police.uk), or by calling the police directly. In addition, there is a wealth of advice on [thinkyouknow.co.uk](http://thinkyouknow.co.uk) about enjoying online activities safely and avoiding risks.

You can always contact St Matthews Primary School if you need any advice or help.



## Parent Courses



### Cooking on a Budget

This course is for parents with children who attend St Matthews Primary school.

This is a short Family Learning course intended for parents and their children to have a go at cooking using basic skills, for healthy eating, in an informal and friendly environment with an experienced tutor.

The course will be held at the Donnington Community Hub and Mrs MacDonald will walk the children across to the centre at 3.15 to join parents.

A crèche will be provided for this course, subject to demand.

An information meeting will be held on:

Wednesday 27th February at 2.30  
at  
St Matthew's Primary School.

Please come along to find out more.

