

What is prayer all about?

Courageous advocacy

The act of speaking out against injustice.

Meditation

A contemplative practice.

Deprivation

A lack of something or having something taken away.

Exploitation

Treating someone unfairly.

Outcomes

- Recognise that prayer is communication with God.
- Recognise that all faiths pray.
- Explore the act of stilling.
- Write prayers with a specific focus.
- Understand why it seems some prayers are unanswered.
- Understand what courageous advocacy is.

Prayer is a way in which people talk to God.

People of all faiths pray.

The act of stilling helps people to feel closer to God when praying.

Prayers can have a specific focus or be more general.

There are different types of prayer: thanking, saying sorry, asking for support, praising.